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AUTHOR Kester, Donald L.
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IDENTIFIERS *Los Angeles County Schools CA

ABSTRACT

This Drug Prevention Training Project focused on helping school personnel work with students involved in drugs and/or alcohol. This report evaluates the success of this effort which took place during the 1992-1994 academic years. The Project sought to accomplish five objectives: (1) recruit at least 800 school counselors, psychologists, nurses, and social workers in 15 regional training meetings, and train them in drug prevention and intervention techniques and procedures; (2) have at least 80 percent of the participants expressing increased confidence in counseling students referred to them for drug and alcohol involvement; (3) support four previously established regional networks for school counselors, psychologists, nurses, social workers, and other school personnel responsible for drug prevention and intervention; (4) make participants more knowledgeable about local and regional drug prevention, drug treatment, and drug education resources; and (5) explain the Los Angeles County of Education developed model student substance-abuse database and tracking system to participants and encourage them to use it. Organizers met all five project objectives and the external program evaluator deemed the project successful. Participants also highly rated the training that they received. Included in this evaluation are seven appendices which feature copies of meeting agendas, resources, and samples of drug abuse surveys. (RJM)

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ED 374 390

EVALUATION REPORT

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PROGRAM EVALUATION REPORT (1992-1994)

For

Educational Support Services Personnel Drug Prevention Training Project

in

The Public School Systems in Los Angeles County
California

Prepared by
Donald L. Kester, Ph.D.
Program Evaluation Consultant
Division of Educational Support Services

Educational Program Evaluation

Los Angeles County Office of Education

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PROGRAM EVALUATION REPORT
1992-1994

For

Educational Support Services Personnel Drug Prevention Training Project

in

The Public School Systems in Los Angeles County
California

Prepared by:

Donald L. Kester, Ph.D.
Consultant, Program Evaluation and Research
Division of Educational Support Services
Los Angeles County Office of Education
Downey, California 90242
(310) 922-6415
FAX (310) 922-6299

June 1994

Section 1
Introduction

The Los Angeles County Office of Education (LACOE) serves as an intermediate agency between the California Department of Education and the 95 local school districts (K-12) which are located within the boundaries of the county. As of January 1993 the population of Los Angeles County exceeded nine million people. At that time, within the county, there were 1,665 schools (K-12) with a total enrollment of more than 1,455,800 (K-12) students.

The grant from the U.S. Department of Education (USDOE) that supported this Drug Prevention Training Project was submitted in February 1992 for the 1992-1993 academic year. An extension was later granted to carry the program through March 31, 1994. The grant proposal and extension focused on the following target group and need:

> **Target Population:** The target population for the proposal is the estimated 2,800 counselors, psychologists, nurses, and social workers in the public schools in Los Angeles County. The category breakdowns are approximately 1,322 counselors, 682 psychologists, 800 nurses, and 25 social workers. These school personnel are schools' first line of defense against student drug and alcohol involvement. Students with actual or potential drug and alcohol problems are generally referred to them first.
>
> **Need:** Congress recognized the importance of training school counselors to work with students involved in drugs and alcohol by mandating their training in the Drug-Free Schools and Communities Act of 1986. School districts staffs in Los Angeles County recognize their need for this training and have requested Los Angeles County Office of Education's assistance in obtaining the training. Investigation reveals that only about 15 percent of counselor personnel in the school districts in the county have had any drug counseling training.

Briefly, the six objectives of this Drug Prevention Training Project were identified in the grant application as follows:

Original Grant Application Objectives

Objective 1

By the end of the program year, the Educational Support Services Personnel Drug Prevention Training Project will recruit and train at least 800 school counselors, psychologists, nurses, and social workers in four day-long regional training meetings about drug prevention and intervention techniques and procedures.

Objective 2

By the end of the program year, the Educational Support Services Personnel Drug Prevention Project will hold at least eight follow-up regional half-day training meetings for participants who have attended the day-long training meetings.

Objective 3

By the end of the program year, as a result of participating in the Educational Support Services Personnel Drug Prevention Training Project, at least 80 percent of the program participants who attend all training meetings will express increased confidence in counseling students referred to them for drug and alcohol involvement.

Objective 4

By the end of the program year, the Educational Support Services Personnel Drug Prevention Training Project will support four regional support networks for school counselors, psychologists, nurses, social workers, and other school personnel responsible for drug prevention and intervention.

Objective 5

By the end of the program year, the Educational Support Services Personnel Drug Prevention Training Project will make participants more knowledgeable about local and regional drug prevention, drug treatment, and drug education resources.

Objective 6

By the end of the program year, project staff will explain the LACOE-developed Model Student Substance Abuse Database and Tracking System to participants and encourage them to use it.

During the program year, the project coordinator made an official written request to revise the first two original objectives. (Please see Appendix A.) The request was granted; those revisions were approved. Original Objectives 1 and 2 became the new Objective 1.

New Objective 1

By the end of the Program year, the Educational Support Services Personnel Drug Prevention Training Project will recruit and train at least 800 school counselors, psychologists, nurses, and social workers in 15 regional training meetings about drug prevention and intervention techniques and procedures.

Instead of holding "...four day-long regional training meetings" (original Objective 1) and "...eight follow-up regional half-day training meetings" (original Objective 2) the program would provide "...fifteen (15) regional training meetings" (new Objective 1). These changes would actually result in more training time for no additional expense. (Appendix A)

As mentioned earlier, the project was extended. The original time frame went from October 1, 1992, to September 30, 1993. The first extension added October 1-31, 1993. (Please see Appendix B, Item One.) The second extension added November and December 1993 as well as January 1 through March 31, 1994. (Please see Appendix B, Item Two.)

Section 2
Acknowledgments

Those who developed the grant proposal should be recognized and thanked. In addition, the project created an advisory committee and the members who served on that committee should also be recognized and thanked.

Proposal Developers

The Educational Support Services Personnel Drug Prevention Training Project proposal was submitted to the U.S. Department of Education, in February 1992 for the school year 1992-1993. The proposal was developed by Dr. Alice Healy-Sesno, consultant-in-charge, Division of Educational Support Services, Los Angeles County Office of Education, with the assistance of Mr. Bill Aston, contract consultant, Pupil Services; Mrs. Susan Lordi, consultant, School Health Services; and Mr. Joseph Payne, retired, formerly a consultant, Proposal Planning Center, Los Angeles County Office of Education.

Project Managers

After the project was funded, Dr. Sesno became the project director and Mr. Aston became project coordinator by way of a Los Angeles County Office of Education contract consultancy. Mr. Aston came to the County Office after having served for many years as the coordinator for Secondary Counseling Services for the Los Angeles Unified School District.

Advisory Committee

There were 15 members of the project's advisory committee. Those who served are listed below:

Name	Title	Agency
Bikel, Ann	Research Associate	Southwest Regional Laboratory
Dodd, Glenn	Consultant Center for Health Education	LACOE, DESS
Estep, Lydia	Counselor	Gladstone HS, Azusa USD

Name	Title	Agency
Frierson, Villa	Coordinator Pupil Personnel Services	Compton USD
Gallegos, Leo	Psychologist	Montebello USD
Garvey, Judy	Counselor	North HS, Torrance USD
Houser-Hubbard, Susan	School Nurse	Health Programs Office, Pasadena USD
Jaffe, Dr. Jaelline	Program Development Psychologist	Montebello USD
Kester, Dr. Don	Consultant, Program Evaluation	LACOE, DESS
Lordi, Susan	Consultant School Health Programs	LACOE, DESS
Mendez de Leon, Molly	Assistant Principal	Paramount HS, Paramount USD
Ramirez, Fran	Assistant Principal Secondary Counseling	Grant HS, LAUSD
Sapp, Warren	Counselor	Whittier HS, Whittier UHSD
Sarandoz, George	Intervention Advisor	IMPACT, Los Angeles USD
South, Luis	Elementary School Counselor	97th St. Elementary, Los Angeles USD

Section 3
Results of the Evaluator's Data Gathering and Analysis

Ideally, the project evaluator would be involved from the inception of an externally funded project. Fortunately, this was the case for this "Drug Prevention Training Project." Early on, the members of the grant application writing team worked with the evaluator so that the necessary data collection procedures would be built into the project's objectives. In this way, the needed data collection and analysis procedures became part of the grant application. In addition, the evaluator stayed in touch with both the project manager and project coordinator throughout the project year.

As a result of the good communication between the evaluator and both the project director and project coordinator, data needed for the evaluation were easily collected during the project year. These data and their analysis form the foundation on which the evaluator based his findings together with his conclusion as to whether or not each project objective was attained.

Objective 1

By the end of the Program year, the Educational Support Services Personnel Drug Prevention Training Project will recruit and train at least 800 school counselors, psychologists, nurses, and social workers in 15 regional training meetings about drug prevention and intervention techniques and procedures.

As called for in the objective, 15 regional training meetings were held during the extended project time frame of October 1, 1992, through March 31, 1994.

Table 1
Fifteen Regional Training Meetings

Date	Topic & Location	Number Pre-Registered	Number Present
March 5, 1993	Support Group Training Loyola Marymount University Los Angeles, CA	61	46
March 19, 1993	Good Parenting Makes Good Kids El Camino College Torrance, CA	81	64
March 26, 1993	Support Group Training California State University Northridge, CA	57	44
April 2, 1993	Brief Interventions LACOE Downey, CA	195	167
April 20, 1993	Drug-Exposed Children Charter Oak Hospital Covina, CA	89	64
April 23, 1993	Good Parenting Makes Good Kids Holiday Inn Monrovia, CA	94	58
May 5, 1993	Drug-Exposed Children Sheraton Hotel Cerritos, CA	93	73
May 14, 1993	Support Group Training Duarte Performing Arts Center Duarte, CA	77	55
May 28, 1993	Good Parenting Makes Good Kids Mt. San Antonio College Walnut, CA	93	64
August 27, 1993	Beyond "Just Say No" Westin Hotel Los Angeles, CA	364	317
September 22, 1993	Brief Interventions Gene Autry Western Heritage Museum, Los Angeles, CA	215	196
September 29, 1993	Interventions for Adolescent Drug Users, Palmdale Cultural Center Palmdale, CA	24	22

October 21, 1993	Early Years Student At Risk Beverly Garland Hotel North Hollywood, CA	73	66
October 29, 1993	Self-Esteem Comes in Many Colors Arcadia Methodist Hospital Arcadia, CA	199	165
March 18, 1994	Focus on Students At Risk Westin Hotel Los Angeles, CA	250	231
TOTAL		1965	1632

Note: Some double counting may have occurred since an unknown number of participants may have attended more than one meeting.

Agendas for the 15 training meetings are shown in Appendix C.

Conclusion

This objective was easily attained. During the 1992-1994 project term more than 800 school counselors, psychologists, nurses, and social workers were trained in drug prevention and intervention techniques and procedures. The training took place at 15 training meetings held in various locations within Los Angeles County.

Objective 2

By the end of the program year, as a result of participating in the Educational Support Services Personnel Drug Prevention Training Project, at least 80 percent of the program participants who attend all training meetings will express increased confidence in counseling students referred to them for drug and alcohol involvement.

Participants at each of the 15 training meetings were given a questionnaire. The results of which could be compared to the "80 percent... will express increased confidence" criterion level expressed in this objective. The actual question and response categories were two. One prompt and accompanying response categories were given to participants at eight day-long training meetings. The second prompt and accompanying response categories were given at seven of the training meetings. The results were as follows. One prompt and its accompanying response categories were:

"This training session has given me increased confidence to provide intervention and counseling services *(please circle appropriate number)*."

Strongly Agree 4	Agree 3	Disagree 2	Strongly Disagree 1

Detailed information on the eight meetings where this was the prompt and response categories is shown below in Table 2.

Table 2
Level of Increased Confidence for Eight Training Meetings

Date	Topic and Location	Total Number Responding	Answering "Strongly Agree" or "Agree"	
			n	%
April 2, 1993	Brief Interventions LACOE Downey, CA	83	80	96%
April 20, 1993	Drug-Exposed Children Charter Oak Hospital Covina, CA	35	34	97%
May 5, 1993	Drug-Exposed Children Sheraton Hotel Cerritos, CA	43	43	100%
September 22, 1993	Brief Interventions Gene Autry Western Heritage Museum, Los Angeles, CA	134	130	97%
September 29, 1993	Interventions for Adolescent Drug Users, Palmdale Cultural Center, Palmdale, CA	14	13	93%
October 21, 1993	Early Years Students At Risk Beverly Garland Hotel North Hollywood, CA	55	54	98%
October 29, 1993	Self-Esteem Comes in Many Colors, Arcadia Methodist Hospital, Arcadia, CA	66	65	98%
March 18, 1994	Focus on Students At Risk Westin Hotel Los Angeles, CA	56	50	89%
TOTAL		**486**	**469**	**96%**

The second questionnaire was given to participants who attended the other seven meetings. The relevant prompt on the questionnaire they completed read as follows:

Prompt: "Please indicate degree to which the training goals were met. Training Project has provided...
d. increased confidence to provide intervention and prevention counseling services."

Response Categories:	High 4	3	2	Low 1

Detailed information on the seven meetings where this was asked is shown below in Table 3.

Table 3
Level of Increased Confidence for Seven Training Meetings

Date	Topic and Location	Total Number Responding	Answering "4" or "3" n	%
March 5, 1993	Support Group Training Loyola Marymount University Los Angeles, CA	32	31	97%
March 19, 1993	Good Parenting Makes Good Kids, El Camino College Torrance, CA	24	24	100%
March 26, 1993	Support Group Training California State University Northridge, CA	39	37	95%
April 23, 1993	Good Parenting Makes Good Kids, Holiday Inn Monrovia, CA	46	45	98%
May 14, 1993	Support Group Training Performing Arts Center Duarte, CA	50	47	94%
May 28, 1993	Good Parenting Makes Good Kids, Mt. San Antonio College Walnut, CA	64	62	97%
August 27, 1993	Beyond "Just Say No" Westin Hotel Los Angeles, CA	175	165	94%
TOTAL		**430**	**411**	**96%**

Combining information from the two questionnaires gives us the results shown in Table 4.

Table 4
Level of Increased Confidence by the End of the Project

Source	Includes Data From	Number Responding	Answering "Yes" n	%
Table 2	Eight Meetings	486	469	96%
Table 3	Seven Meetings	430	411	96%
TOTAL	Al l 15 Meetings	916	880	96%

Note: Some double counting may have occurred since an unknown number of participants may have attended more than one training meeting.

Conclusion

This objective was easily attained. It called for 80 percent of participants to express "increased confidence in counseling students..." and 96 percent did. This is true regardless of whether one looks at the results of the two questionnaires separately or combined.

Objective 3

By the end of the program year, the Educational Support Services Personnel Drug Prevention Training Project will support four previously established regional networks for school counselors, psychologists, nurses, social workers, and other school personnel responsible for drug prevention and intervention.

In June 1992 a memorandum was written to all "support services personnel involved in drug prevention training programs." (See Appendix D.) Dr. Alice Healy-Sesno, program director, wrote that memo, the subject of which was the creation of a "Networking Directory." As a result of efforts made in 1991-1992, four such networks were established within Los Angeles County. For each network, a directory was created. Each directory included: every contact person's name, work location/mailing address, and phone number. (See Appendix D for a copy of the first page of the Networking Directory for the first network.) Objective 3 above, for the October 1, 1992,–March 31, 1994, project term, calls for the project to "support" those four already established regional networks.

Support was provided in two ways. First, a number of advisory committee members agreed to sponsor one or more sharing sessions in their network's region. When it was all over, however, only one advisory committee member was able to set-up two networking sessions. Second, the project coordinator met three times in different locations to discuss possible networking activities.

That single advisory committee member met twice in two different sharing sessions.

- One took place on November 5, 1992
  North High School
  Torrance, CA
  (Attendance: 10)

- The other took place on February 10, 1993
  South Bay Network meeting in the office of the California Council on Alcoholism and Drug Dependency
  Torrance, CA
  (Attendance: 9)

The project coordinator met three times in different locations and with different groups.

- The first took place on November 11, 1992
  San Gabriel Valley Educational Support Services
  monthly meeting

- The second took place on January 27, 1993
  Antelope Valley Networking meeting in the Palmdale SD
  (Attendance: 15)

- The third took place on April 7, 1993
  San Fernando Valley Networking meeting at the National Council of Alcohol and Drug Dependence Office
  Van Nuys, CA
  (Attendance: 10)

The project coordinator reported to the evaluator that his three networking/sharing meetings "...were successful for those few who attended, but... the low attendance did not warrant the effort." The coordinator further felt the networking idea "had merit" but in an area the size of Los Angeles County with a population of over nine million, the need to network was great enough to require a full-time position.

Conclusion

Although results were somewhat disappointing—low attendance, cooperation from only one advisory committee member—the external program evaluator finds that efforts were made to "support the four previously established regional networks." This objective was therefore attained.

Objective 4

By the end of the program year, the Educational Support Services Personnel Drug Prevention Training Project will make participants more knowledgeable about local and regional drug prevention, drug treatment, and drug education resources.

Assistance on meeting this objective was supplied by the Los Angeles County Offices of the California Councils on Alcoholism and Drug Dependence (CCADD). In particular, the executive directors and their locations are as follows:

Executive Directors, CCADD

- Clancy Corbert
  Lancaster–Antelope Valley
- Terry Hayes
  Los Angeles (central)
- Sybil Reese
  Palmdale
- Cheryl Ruedi
  Pomona–East San Gabriel Valley
- Al Jeffries
  San Fernando Valley

The revised Objective 1 of this program called for "...fifteen (15) regional training meetings about drug prevention and intervention techniques..." (See Objective 1, revised.) At six of those 15 meetings, agency representatives were invited to attend and formally present information about "local and regional drug prevention, drug treatment, and drug education resources."

The six training meetings and the presentations by agency representatives are listed below.

Date: March 19, 1993
Location: El Camino College, Torrance, California
Meeting Title: "Good Parenting Makes Good Kids"

Time and Title of Agency Presentations

1:45 – 3:00 p.m. "Prevention, Recovery, and Support: Community Referral Services"
A panel will provide information on a variety of community services and support programs for parents and children involved in substance abuse.

Tim Gemelli, C.A.C.
Youth Services Coordinator
NCADD, South Bay
Torrance, California

Julie Rodriguez, M.A., C.A.C.
Choices of South Bay
Torrance, California

Pam Turner, M.F.C.C.
Behavioral Health Services
Gardena, California

Date: April 20, 1993
Location: Charter Oak Hospital, Covina, California
Meeting Title: "Children Prenatally Exposed to Drugs"

Time and Title of Agency Presentations

10:15 – 11:30 a.m. "Substance Abuse Programs, Agency and School Partnership"
Three interagency projects focusing on prenatal substance abuse, staff development, and service to families will be described.

Roberta Savage
Project Liaison Coordinator, Assessment, Referral and Training (ART) Project
Los Angeles County Office of Education
Downey, California

Beverly Morgan-Sandoz
Project Coordinator
Substance Abuse Training and Referral Project
Los Angeles County Office of Education
Head Start Grantee
Downey, California

Bill Stelzner
Acting Coordinator
Los Angeles County Office of Education
Head Start Grantee
Family Service Center
Downey, California

Date: April 23, 1993
Location: Holiday Inn, Monrovia, California
Meeting Title: "Good Parenting Makes Good Kids"

Time and Title of Agency Presentations

11:45 a.m. – 1:00 p.m. "Prevention, Recovery, and Support: Community Referral Services"

This session will provide information on a variety of community agencies and support programs for parents and children involved in substance abuse.

Lisa Markell
Public Relations Director
Southern California Alcohol and Drug Programs, Inc.
Downey, California

Sheila Baldwin
Resident of Baby Step Inn
Long Beach, California

Roxanne James
Resident of Baby Step Inn
Long Beach, California

•*Date*: May 28, 1993
Location: Mt. San Antonio College, Walnut, California
Meeting Title: "Good Parenting Makes Good Kids"

Time and Title of Agency Presentations

10:15 – 11:30 a.m. "Prevention, Recovery, and Support: Community Referral Services"
This session will provide information on a variety of community agencies and support programs for parents and children involved in substance abuse.

Cheryl Ruedi
Executive Director
NCADD—East San Gabriel & Pomona Valleys, Inc.
Covina, California

Jim O'Connell
Director
Touchstones
Outreach Adolescent Residential Program
Orange, California

Felicia Burns
Early Intervention Coordinator
Pomona Community Crisis Center
Pomona, California

Becky Baker
Executive Director
Peer Group Opportunities
Claremont, California

•*Date*: September 29, 1993
Location: Cultural Center, Palmdale, California
Meeting Title: "How to Intervene with Adolescents Who Use Drugs/Alcohol"

Time and Title of Agency Presentation

1:00 – 1:15 p.m. "Antelope Valley Council on Alcoholism and Drug Dependency"

Sybil Reese
Director
Palmdale, California

•*Date*: March 18, 1994
Location: Westin Hotel, Los Angeles, California
Meeting Title: "Focus on Students At Risk"

Time and Title of Agency Presentations

12:15 – 1:15 p.m. "Working with Multicultural Youth At Risk"

Maria Oh, N.C.C.
Counseling Unit Manager
Korean Youth and Community Center
Los Angeles, California

Cliff McClain
Technical Assistance Coordinator
National Black Alcoholism Council
Los Angeles, California

Frank Martinez
Intake Worker
People Coordinated Services/Castle
Substance-Abuse Programs
Los Angeles, California

In addition, networking meetings (see Objective 3) were held at two offices of the NCADD: one was held in South Bay, the other in San Fernando Valley.

Conclusion
This objective was easily attained.

Objective 5
By the end of the program year, project staff will explain the LACOE-developed Model Student Substance-Abuse Database and Tracking System to participants and encourage them to use it.

The Los Angeles County Office of Education developed in 1988 a student survey for the area of drug-abuse prevention. Areas measured by the instrument include self-esteem, decision-making skills, drug attitudes and knowledge, and drug usage. (A copy of the first page of the survey is shown in Appendix E. Copies of a few sample pages from the standard report are also in that appendix.) The instrument is available in both English and Spanish and can be customized by adding the school district and its logo. By January 1991 countywide data reporting the responses of some 50,000 students were available for comparison. It was this survey instrument and these reporting services which this program objective, (Objective 5), sought to have described to the participants in this Drug Prevention Training Project.

On April 16, 1993, Dr. Alice Healy-Sesno sent a memorandum to selected participants of this program. She enclosed a questionnaire "...regarding the use of the 'student survey' for drug abuse prevention." (See Appendix F for a copy of that questionnaire.) The responses were as follows:

Question 1. "The 'Student Survey' has been used."

Response	Number	Percentage
"Yes"	5	15.6%
"No"	20	62.5%
None	7	21.9%

Of those 25 who responded:

"Yes"	5	20.0%
"No"	20	80.0%

Question 2. "After reviewing the 'Student Survey' instrument and sample pages from the standard report, I will recommend that the survey be administered."

Response	Number	Percentage
"Yes"	19	59.4%
"No"	4	12.5%
None	9	28.1%

Of those 23 who responded:

"Yes"	19	82.6%
"No"	4	17.4%

Question 3. "I would like to have more information about the 'Student Survey'."

Response	Number	Percentage
"Yes"	17	53.1%
"No"	15	46.9%

Conclusion

The Los Angeles County Office of Education developed model Student Substance-Abuse Database and Tracking System was explained to participants in this project. In fact, almost 60 percent (59.4 percent) of a sample of them reported, "...I will recommend that the survey be administered." This objective was attained.

Section 4
Summary and Conclusions

During the October 1992—March 1994 project term, the Drug Prevention Training Project sought to accomplish five objectives. They were:

1) Recruit and train at least 800 school counselors, psychologists, nurses, and social workers in 15 regional training meetings about drug prevention and intervention techniques and procedures, as revised.

2) See at least 80 percent of the participants expressing increased confidence in counseling students referred to them for drug and alcohol involvement.

3) Support four previously established regional networks for school counselors, psychologists, nurses, social workers and other school personnel responsible for drug prevention and intervention.

4) Make participants more knowledgeable about local and regional drug prevention, drug treatment, and drug education resources.

5) Explain the LACOE developed model student substance-abuse database and tracking system to participants and encourage them to use it.

All five project objectives were attained. That is, all tasks were completed within the specified time frame.

In conclusion, the external program evaluator found the project to be quite successful. Everything promised in the grant application, as revised, was delivered. In addition, participants rated very highly the training they received.

Final Note:
A variety of resource material was distributed to support personnel throughout the program. (See Appendix G.)

Appendix A
Formal Request to Revise Objectives

Los Angeles County Office of Education

Stuart E. Gothold
Superintendent

Los Angeles County
Board of Education

Marcia F. Volpert
President

Maria Elena Gaitán
Vice President

Frank J. Alderete

Anne Nutter Bessette

Lewis P. Bohler, Jr.

Barbara G. Pieper

Michaelene D. Wagner

February 2, 1993

Mr. Bill Mattock
Discretionary Programs Branch
Division of Drug-Free Schools and Communities
Room 2123
400 Maryland Ave, S.W.
Washington, D.C. 20202-6439

Dear Mr. Mattock:

As per our phone conversation regarding our training grant #S241A20217, this is a request for approval to change the objectives of said grant from four all-day training programs and eight half-day training programs to twelve all-day training programs.

The advisory committee is in agreement that all-day programs are more beneficial and make better use of participants time.

This change will not result in any budget adjustments. It will make better use of resources available.

Very Sincerely,

Bill Aston

Bill Aston, project coordinator
Drug Prevention Training Program for
Counselors and Support Services Personnel
Division of Educational Support Services
(310) 922-6287

des
Enclosures

9300 Imperial Highway, Downey, California 90242-2890 (310) 922-6111

Appendix B
Item One
First Extension of Project Term

U.S. DEPARTMENT OF EDUCATION
WASHINGTON, D.C. 20202

GRANTS AND CONTRACTS SERVICE

GRANT AWARD NOTIFICATION

1 RECIPIENT NAME

LOS ANGELES COUNTY OFFICE OF ED.

9300 IMPERIAL HIGHWAY
DOWNEY, CA 90242

2 PROJECT TITLE

DRUG FREE SCHOOLS AND COMMUNITIES AND COUNSELOR TRAINING GRANTS PROGRAM-EDUCATIONAL SUPPORT SERVICES

3 PROJECT STAFF

RECIPIENT PROJECT DIRECTOR

ALICE HEALY-SESNO 310-922-6333

EDUCATION PROGRAM STAFF

BILL MATTOCKS 202-401-1258

EDUCATION GRANTS STAFF

PAUL G. CLARKE 202-708-8628

4 AWARD INFORMATION

PR/AWARD NUMBER	S241A20217-92
ACTION NUMBER	02
ACTION TYPE	ADMINISTRATIVE
AWARD TYPE	DISCRETIONARY

5 AWARD PERIODS

BUDGET PERIOD	10/01/92 - 10/31/93
PROJECT PERIOD	10/01/92 - 10/31/93

6 AUTHORIZED FUNDING

BUDGET PERIOD	93,128
PROJECT PERIOD	93,128
RECIPIENT COST SHARE	0%

7 ADMINISTRATIVE INFORMATION

PAYMENT METHOD	ED PMS
ENTITY NUMBER	1-956000942-A2
REGULATIONS	EDGAR, AS APPLICABLE
	34 CFR 74 75 77
ATTACHMENTS	

8 LEGISLATIVE & FISCAL DATA

AUTHORITY: TITLE V, ESEA OF 1965, AS AMENDED
PROGRAM TITLE: DRUG FREE SCHS/CNTY - COUNSELOR TRAINING CFDA 84.241A

9 TERMS AND CONDITIONS OF AWARD

THE BUDGET PERIOD FOR THIS PROJECT IS CHANGED TO THE DATES IN BLOCK 5. NO ADDITIONAL FUNDS ARE PROVIDED BY THIS ACTION.

THE PROJECT PERIOD FOR THIS PROJECT IS CHANGED TO THE DATES SHOWN IN BLOCK 5. NO ADDITIONAL FUNDS ARE PROVIDED BY THIS ACTION.

BEST COPY AVAILABLE

/s/ Shirley A. Bryant

SHIRLEY BRYANT
GRANTS OFFICER

DATE

Ver. 5

Appendix B
Item Two
Second Extension of Project Term

U.S. DEPARTMENT OF EDUCATION
WASHINGTON, D.C. 20202

GRANTS AND CONTRACTS SERVICE

GRANT AWARD NOTIFICATION

1 RECIPIENT NAME

LOS ANGELES COUNTY OFFICE OF ED.

9300 IMPERIAL HIGHWAY
DOWNEY, CA 90242

2 PROJECT TITLE

DRUG FREE SCHOOLS AND COMMUNITIES AND COUNSELOR TRAINING GRANTS PROGRAM-EDUCATIONAL SUPPORT SERVICES

3 PROJECT STAFF

RECIPIENT PROJECT DIRECTOR

ALICE HEALY-SESNO	310-922-6333

EDUCATION PROGRAM STAFF

BILL HATTOCKS	202-401-1258

EDUCATION GRANTS STAFF

PAUL G. CLARKE	202-708-8628

4 AWARD INFORMATION

PR/AWARD NUMBER	S241A20217-92
ACTION NUMBER	03
ACTION TYPE	ADMINISTRATIVE
AWARD TYPE	DISCRETIONARY

5 AWARD PERIODS

BUDGET PERIOD	10/01/92 - 03/31/94
PROJECT PERIOD	10/01/92 - 03/31/94

6 AUTHORIZED FUNDING

BUDGET PERIOD	93,128
PROJECT PERIOD	93,128
RECIPIENT COST SHARE	0%

7 ADMINISTRATIVE INFORMATION

PAYMENT METHOD	ED PMS
ENTITY NUMBER	1-956000942-A2
REGULATIONS	EDGAR, AS APPLICABLE 34 CFR 74 75 77
ATTACHMENTS	

8 LEGISLATIVE & FISCAL DATA

AUTHORITY: TITLE V, ESEA OF 1965, AS AMENDED
PROGRAM TITLE: DRUG FREE SCHS/CNTY - COUNSELOR TRAINING - CFDA 84.241A

9 TERMS AND CONDITIONS OF AWARD

THE BUDGET PERIOD FOR THIS PROJECT IS CHANGED TO THE DATES IN BLOCK 5. NO ADDITIONAL FUNDS ARE PROVIDED BY THIS ACTION.

THE PROJECT PERIOD FOR THIS PROJECT IS CHANGED TO THE DATES SHOWN IN BLOCK 5. NO ADDITIONAL FUNDS ARE PROVIDED BY THIS ACTION.

Shirley A. Bryant

SHIRLEY BRYANT
GRANTS OFFICER

SEP 27

DATE

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Appendix C
The First of Fifteen
Regional Training Meetings
March 5, 1993

Los Angeles County Office of Education
Division of Educational Support Services

EDUCATIONAL SUPPORT SERVICES PERSONNEL
DRUG PREVENTION TRAINING PROJECT

Support Group Training
Loyola Marymount University
March 5, 1993

Program

8:15	Registration
9:00	Welcome and Introductions
9:05	Panel Presentation Scott Marshall, moderator Dr. Mary Catherine Fitzgerald Director, Alcohol and Drug Studies Loyola Marymount University Dr. Charles Hansen Director Counseling Program California State University, Northridge
10:15	Break
10:30	Support Group Training
11:30	Lunch
12:30	Support Group Training
2:30	Debriefing Session

Co-sponsor: U.S. Dept. of Education, Drug Free Schools and Communities - Counselor Training Grants Program

Appendix C
The Second of Fifteen
Regional Training Meetings
March 19, 1993

Los Angeles County Office of Education
Division of Educational Support Services

EDUCATIONAL SUPPORT SERVICES PERSONNEL DRUG PREVENTION TRAINING PROJECT

"Good Parenting Makes Good Kids"

El Camino College ~ Torrance, CA

March 19, 1993

Co-sponsor:

U.S. Department of Education
Drug Free Schools and Communities Counselor Training Grants Program

Appendix C
The Second of Fifteen Regional Training Meetings March 19, 1993 (continued)

PROGRAM

8:15 a.m.	Registration	Campus Theater Foyer
9:00 a.m. - 9:15 a.m.	Welcome and Introductions	Campus Theater
9:15 a.m. - 10:00 a.m.	Keynote ***"Positive Parenting for Competent Kids"*** *Tim Allen, director* *Lifestarts, Chemical Dependency Treatment Program* *Centinela Hospital*	
10:15 a.m. - 11:30 a.m.	Break-Out Sessions	
	A. Disciplining With Dignity Presentation of research-based techniques for disciplining children in a manner that reduces friction, increases compliance, and builds self-confidence. *Tim Allen*	Campus Theater
	B. Communication Across Cultures: Multi-Cultural Family Characteristics This workshop will use slides, videos, and interactive strategies to examine the acculturation process and to identify some cultural differences that can cause misunderstandings between families and school professionals. We will look at some alienating factors within school cultures that could lead to drug and alcohol use, such as value conflicts, differing expectations, culture shock, labeling, stereotyping, discrimination, isolation, and intergroup conflicts. Successful short-term and long-term strategies for addressing these issues will be explored. *Erica Hagen, director* *Intercultural Communications Resources*	Business 2
	C. Raising Children in Troubled Times Video program to assist parents in improving parenting skills adapted from Greg Bodenhamer's book, "Back in Control—How to Get Your Children to Behave." Videotapes present several cultures and different types of families—traditional, single parent, and extended. *Beatrice de la Rocha, social worker* *On-Site Prevention Program, Drug-Free Schools* *Los Angeles Unified School District*	Business 4

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Appendix C
The Second of Fifteen Regional Training Meetings
March 19, 1993
(continued)

11:30 a.m. - 12:30 p.m.	Lunch (see directory.)	
12:30 p.m. - 1:30 p.m.	General Session ***"Parent Empowerment"*** *Dr. Marcel Soriano, associate professor* *Counseling and Administration* *California State University, Los Angeles*	Campus Theater
1:45 p.m. - 3:00 p.m.	Break-Out Sessions	
	A. Understanding Family Dynamics Across Culture and the Family Life Cycle Participants will be provided with information and practical skills to help increase understanding of individual and family dynamics. Practical demonstrations of counseling interventions appropriate for culturally diverse families will be provided. *Dr. Marcel Soriano*	Campus Theater
	B. Prevention, Recovery, Support: Community Referral Services A panel will provide information on a variety of community services and support programs for parents and children involved in substance abuse. *Tim Gemelli, C.A.C.* *Youth Services Coordinator* *NCADD, South Bay* *Julie Rodriguez, M.A., C.A.C.* *Choices of South Bay* *Pam Turner, M.F.C.C.* *Behavioral Health Services*	Music 205

Appreciation is extended to the El Camino College and the ECLIPSE Program staffs for their assistance in planning today's program.

Appendix C
The Third of Fifteen
Regional Training Meetings
March 26, 1993

LOS ANGELES COUNTY OFFICE OF EDUCATION
Division of Educational Support Services

EDUCATIONAL SUPPORT SERVICES PERSONNEL
DRUG PREVENTION TRAINING PROJECT

"Support Group Training"

California State University, Northridge
March 26, 1993

PROGRAM

8:15 a.m.	Registration
9:00 a.m.	Welcome and Introductions

Dr. Mary Catherine Fitzgerald
Director, Alcohol and Drug Studies
Loyola Marymount University

Dr. Charles Hansen
Director, Counseling Programs
California State University, Northridge

Scott Marshall
Consultant

9:15 a.m.	Obstacles and Solutions to Conducting Support Groups
10:15 a.m.	Break
10:30 a.m.	Support Group Training
11:30 a.m.	Lunch
12:30 p.m.	Support Group Training
2:30 p.m.	

Co-sponsor: U.S. Department of Education
Drug Free Schools and Communities - Counselor Training Grants Program

Appendix C
The Fourth of Fifteen
Regional Training Meetings
April 2, 1993

LOS ANGELES COUNTY OFFICE OF EDUCATION
Division of Educational Support Services
9300 Imperial Highway
Downey, CA 90242

BRIEF INTERVENTION COUNSELING STRATEGIES
FOR CHRONIC BEHAVIOR DISORDERS

Friday, April 2, 1993

AGENDA

8:30 a.m.-8:35 a.m.	I.	Welcome and Introductions
8:35 a.m.-9:00 a.m.	II.	Overview of Program
9:00 a.m.-10:30 a.m.	III.	Specific Strategies and Techniques
10:30 a.m.-10:45 a.m.		BREAK
10:45 a.m.-12:00 p.m.	IV.	Specific Strategies and Techniques (continued)
12:00 p.m.-1:00 p.m.		LUNCH
1:00 p.m.-2:30 p.m.	V.	Specific Strategies and Techniques (continued)
2:30 p.m.-3:00 p.m.	VI.	Questions and Answers

Co-Sponsor:
U.S. Department of Education
Drug-Free Schools and Communities Counselor Training Grants Program

Alice Healy-Sesno
(310) 922-6333

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Appendix C
The Fifth of Fifteen
Regional Training Meetings
April 20, 1993

Los Angeles County Office of Education
Division of Educational Support Services

EDUCATIONAL SUPPORT SERVICES PERSONNEL
DRUG PREVENTION TRAINING PROJECT

"Children Prenatally Exposed to Drugs"

Charter Oak Hospital — Covina, CA

April 20, 1993

Co-sponsor:

U.S. Department of Education
Drug-Free Schools and Communities Counselor Training Grants Program

Appendix C
The Fifth of Fifteen
Regional Training Meetings
April 20, 1993
(continued)

LOS ANGELES COUNTY OFFICE OF EDUCATION
Division of Educational Support Services

DRUG PREVENTION TRAINING PROJECT

"Children Prenatally Exposed to Drugs"

Charter Oak Hospital, Covina, CA
April 20, 1993

PROGRAM

8:15 a.m.-9:00 a.m. Registration

9:00 a.m.-9:05 a.m. Welcome

9:05 a.m.-10:00 a.m. **"Time Out Zone"** GYMNASIUM
A play presented by the 12th Night Reportoire Company
Ann Greer, project coordinator

10:00 a.m.-10:15 a.m. Break

10:15 a.m.-11:30 a.m. Sessions A, B, C

A. **Project Possible** CONFERENCE ROOM
Project Possible is a curriculum for the prevention of birth defects and developmental disabilities. Designed for grades 6-8 and 9-12, the curriculum promotes prenatal substance abuse prevention, early and continuous prenatal care, an understanding of genetically-caused birth defects and responsible decision making. In addition, Project Possible includes such topics as teratogens, abstinence, and the effects of sexually-transmitted diseases and AIDS on the unborn.

Jane Kawahara, RN
Pasadena USD

Kenneth Montoya
Assistant Principal, Instruction
John Muir High School
Pasadena USD

B. **Ready or Not . . . Here They Come** GYMNASIUM
Drug-Exposed Children
This presentation is for support personnel who want to expand their understanding of the scope, myths, and adverse effects of drug-exposed and drug-affected children. Practical strategies will be offered for working with these children.

Eileen Marie Moore, MS
Elementary Counselor
San Diego City Schools

Appendix C
The Fifth of Fifteen
Regional Training Meetings
April 20, 1993
(continued)

C. **Substance Abuse Programs, Agency and School Partnerships** — ADMINISTRATION BUILDING

Three interagency projects focusing on prenatal substance abuse, staff development, and service to families will be described.

Roberta Savage
Project Liaison Coordinator, Assessment, Referral, and Training (ART) Project
Los Angeles County Office of Education

Beverly Morgan-Sandoz
Project Coordinator
Substance Abuse Training and Referral Project
Los Angeles County Office of Education
Head Start Grantee

Bill Stelzner
Acting Coordinator
Los Angeles County Office of Education
Head Start Grantee
Family Service Center

11:30 a.m.-12:30 p.m. Lunch (Hosted by Charter Oak Hospital)

12:30 p.m.-1:30 p.m. General Session — GYMNASIUM

Understanding the Substance-Affected Family

Dr. Lynn Yonekura
California Medical Center

1:30 p.m.-2:00 p.m. Questions and Answers

Special thanks to Charter Oak Hospital and staff for their assistance in providing the facilities and refreshments for today's program

Appendix C
The Sixth of Fifteen
Regional Training Meetings
April 23, 1993

EDUCATIONAL SUPPORT SERVICES PERSONNEL
DRUG PREVENTION TRAINING PROJECT

"Good Parenting Makes Good Kids"

Holiday Inn — Monrovia, CA

April 23, 1993

Co-sponsor:

U.S. Department of Education
Drug-Free Schools and Communities Counselor Training Grants Program

Appendix C
The Sixth of Fifteen
Regional Training Meetings
April 23, 1993
(continued)

LOS ANGELES COUNTY OFFICE OF EDUCATION
Division of Educational Support Services

DRUG PREVENTION TRAINING PROJECT

"Good Parenting Makes Good Kids"

Holiday Inn — Monrovia, CA
April 23, 1993

PROGRAM

8:15 a.m.	Registration	
9:00 a.m.-9:15 a.m.	Welcome and Introductions	SAN GABRIEL A B
9:15 a.m.-10:00 a.m.	KEYNOTE "Positive Parenting for Competent Kids" *Tim Allen, director* *Lifestarts, Chemical Dependency Treatment Program* *Centinela Hospital*	
10:00 a.m.-10:15 a.m.	BREAK	
10:15 a.m.-11:30 a.m.	Sessions A B	

A. **DISCIPLINING WITH DIGNITY** — SAN GABRIEL A
Presentation of research based techniques for disciplining children in a manner that reduces friction, increases compliance, and builds self-confidence.

Tim Allen

B. **COMMUNICATION ACROSS CULTURES: MULTI-CULTURAL FAMILY CHARACTERISTICS** — SAN GABRIEL B
This workshop will use slides, videos, and interactive strategies to examine the acculturation process and to identify some cultural differences that can cause misunderstandings between families and school professionals. We will look at some alienating factors within school cultures that could lead to drug and alcohol use such as value conflicts, differing expectations, culture shock, labeling, stereotyping, discrimination, isolation, and intergroup conflicts. Successful short-term and long-term strategies for addressing these issues will be explored.

Appendix C
The Sixth of Fifteen
Regional Training Meetings
April 23, 1993
(continued)

Erica Hagen, director
Intercultural Communications Resources

11:30 a.m.-11:45 a.m. BREAK

11:45 a.m.-1:00 p.m. **PREVENTION, RECOVERY, SUPPORT: COMMUNITY REFERRAL SERVICES** SAN GABRIEL A B

This session will provide information on a variety of community agencies and support programs for parents and children involved in substance abuse.

Lisa Markell
Public Relations Director
Southern California
Alcohol and Drug Programs, Inc.

Sheila Baldwin
Resident of Baby Step Inn

Roxanne Jsames
Resident of Baby Step Inn

"BACK IN CONTROL — How to Get Your Children to Behave"
Gregory Bodenhamer - Co-founder of the Back in Control Program for solving children's behavorial problems.

(Free copy to be distributed to each participant at the close of today's program.)

Appendix C
The Seventh of Fifteen
Regional Training Meetings
May 5, 1993

Los Angeles County Office of Education
Division of Educational Support Services

EDUCATIONAL SUPPORT SERVICES PERSONNEL
DRUG PREVENTION TRAINING PROJECT

"Children Prenatally Exposed to Drugs"

Sheraton Hotel — Cerritos, CA

May 5, 1993

Co-sponsor:

U.S. Department of Education
Drug-Free Schools and Communities Counselor Training Grants Program

Appendix C
The Seventh of Fifteen
Regional Training Meetings
May 5, 1993
(continued)

LOS ANGELES COUNTY OFFICE OF EDUCATION
Division of Educational Support Services

DRUG PREVENTION TRAINING PROJECT

"Children Prenatally Exposed to Drugs"

Sheraton Hotel, Cerritos, CA
May 5, 1993

PROGRAM

8:15 a.m.-9:00 a.m.	Registration	
9:00 a.m.-9:05 a.m.	Welcome	
9:05 a.m.-10:00 a.m.	"TIME OUT ZONE" A play presented by the Twelfth Night Repertory Company *Ann Greer, project coordinator*	LAKEWOOD
10:00 a.m.-10:15 a.m.	Break	
10:15 a.m.-11:30 a.m.	General Session Understanding the Substance-Affected Family *Dr. Lynn Yonekura* *California Medical Center*	LAKEWOOD
11:30 a.m.-11:45 a.m.	Break	
11:45 a.m.-1:00 p.m.	Sessions A, B	
	A. READY OR NOT... HERE THEY COME DRUG-EXPOSED CHILDREN This presentation is for support personnel who want to expand their understanding of the scope, myths, and adverse effects of drug-exposed and drug-affected children. Practical strategies will be offered for working with these children. *Eileen Marie Moore, MS* *Elementary Counselor* *San Diego City Schools*	LAKEWOOD

Appendix C
The Seventh of Fifteen
Regional Training Meetings
May 5, 1993
(continued)

11:45 a.m.-1:00 p.m. Sessions A, B *(continued)*

B. **PROJECT POSSIBLE** LOS ANGELES

Project Possible is a curriculum for the prevention of birth defects and developmental disabilities. Designed for grades 6-8 and 9-12, the curriculum promotes prenatal substance abuse prevention, early and continuous prenatal care, an understanding of genetically-caused birth defects and responsible decision making. In addition, Project Possible includes such topics as teratogens, abstinence, and the effects of sexually-transmitted diseases and AIDS on the unborn.

Jane Kawahara, RN
Pasadena USD

Kenneth Montoya
Assistant Principal, Instruction
John Muir High School
Pasadena USD

Appendix C
The Eighth of Fifteen
Regional Training Meetings
May 14, 1993

LOS ANGELES COUNTY OFFICE OF EDUCATION
Division of Educational Support Services

EDUCATIONAL SUPPORT SERVICES PERSONNEL
DRUG PREVENTION TRAINING PROJECT

"Support Group Training"

May 14, 1993

Duarte Performing Arts Center

PROGRAM

8:15 a.m.	Registration
9:00 a.m. - 10:00 a.m.	Welcome

Group Trainers

Dr. Irv Berkovitz
Psychiatric Consultant
L.A. County Department of Mental Health

Dr. Charles Hanson
Director, Counseling Programs
California State University, Northridge

Scott Marshall
Consultant

Opening Session

OBSTACLES AND SOLUTIONS TO CONDUCTING SUPPORT GROUPS

Dr. Charles Hanson

10:00 a.m. - 10:15 a.m.	Break
10:15 a.m. - 11:30 a.m.	Support Group Training
11:30 a.m. - 11:45 a.m.	Break
11:45 a.m. - 1:00 p.m.	Support Group Training

Copies of *Becoming Naturally Therapeutic*, Jacquelyn Small and *Conducting Support Groups*, Martin Fleming will be presented to each participant at the close of today's training session.

Co-sponsor: U.S. Department of Education
Drug-Free Schools and Communities - Counselor Training Grants Program

Appendix C
The Ninth of Fifteen
Regional Training Meetings
May 28, 1993

EDUCATIONAL SUPPORT SERVICES PERSONNEL
DRUG PREVENTION TRAINING PROJECT

"Good Parenting Makes Good Kids"

Mt. San Antonio College
Walnut, California

May 28, 1993

Co-sponsor:

U.S. Department of Education
Drug-Free Schools and Communities Counselor Training Grants Program

Appendix C
The Ninth of Fifteen
Regional Training Meetings
May 28, 1993
(continued)

LOS ANGELES COUNTY OFFICE OF EDUCATION
Division of Educational Support Services

DRUG PREVENTION TRAINING PROJECT

"Good Parenting Makes Good Kids"

PROGRAM

8:15 a.m.	Registration	
9:00 a.m.-9:15 a.m.	Welcome and Introductions	**BLDG. 28B-LECTURE HALL**
9:15 a.m.-10:00 a.m.	**KEYNOTE** "Positive Parenting for Competent Kids" *Tim Allen, director* *Lifestarts, Chemical Dependency Treatment Program* *Centinela Hospital*	
10:00 a.m.-10:15 a.m.	**BREAK**	
10:15 a.m.-11:30 a.m.	Sessions A B	
	A. **DISCIPLINING WITH DIGNITY** Presentation of research based techniques for disciplining children in a manner that reduces friction, increases compliance, and builds self-confidence. *Tim Allen*	**LECTURE HALL**
	B. **PREVENTION, RECOVERY, SUPPORT: COMMUNITY REFERRAL SERVICES** This session will provide information on a variety of community agencies and support programs for parents and children involved in substance abuse. *Cheryl Ruedi, executive director* *NCADD -- East San Gabriel & Pomona Valleys, Inc.* *Jim O'Connell, director* *Touchstones* *Outreach Adolescent Residential Program* *Felicia Burns, early intervention coordinator* *Pomona Community Crisis Center* *Becky Baker, executive director* *Peer Group Opportunities*	**ROOM 103**
11:30 a.m.-11:45 a.m.	**BREAK**	

Appendix C
The Ninth of Fifteen
Regional Training Meetings
May 28, 1993
(continued)

11:45 a.m.-1:00 p.m.

COMMUNICATION ACROSS CULTURES: MULTI-CULTURAL FAMILY CHARACTERISTICS — **BLDG. 28B-ROOM 103**

This workshop will use slides, videos, and interactive strategies to examine the acculturation process and to identify some cultural differences that can cause misunderstandings between families and school professionals. We will look at some alienating factors within school cultures that could lead to drug and alcohol use such as value conflicts, differing expectations, culture shock, labeling, sterotyping, discrimination, isolation, and intergroup conflicts. Successful short-term and long-term strategies for addressing these issues will be explored.

Erica Hagen, director
Intercultural Communications Resources

"BACK IN CONTROL — How to Get Your Children to Behave"
Gregory Bodenhamer - Co-founder of the Back in Control Program for solving children's behavorial problems.

(Free copy to be distributed to each participant at the close of today's program.)

Appendix C
The Tenth of Fifteen
Regional Training Meetings
August 27, 1993

The Los Angeles County Office of Education
Division of Educational Support Services

and

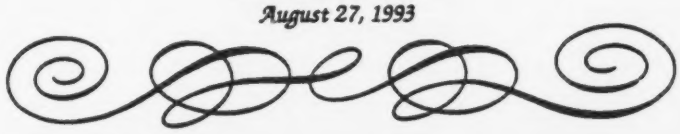
The United States
Department of Education

Present

"Beyond Just Say No"

A Training Program
for
Los Angeles Unified School District's
School Psychologists
With a Focus on Substance Abuse

WESTIN HOTEL
Los Angeles, California
August 27, 1993



Appendix C
The Tenth of Fifteen
Regional Training Meetings
August 27, 1993
(continued)

Program

8:15 a.m. - 8:45 a.m. *Registration - Coffee*

8:45 a.m. - 9:00 a.m. *Welcome - Introductions*

9:00 a.m. - 10:00 a.m. **Keynote** *Concourse Ballroom*

"Self-Esteem in the Classroom"

John Mooy
Educational consultant, sculptor, storyteller, songwriter, and author

10:00 a.m. - 10:15 a.m. **Break**

10:15 a.m. - 11:45 a.m. **A. M. Sessions**

I. ***Motivating the Unmotivated Student***
John Mooy, Educational consultant, Camino Island, Washington *O'Hare*

As a result of this presentation, conferees will learn how to help at-risk students develop improved self-esteem, thereby enabling the student to make more appropriate decisions regarding life choices. This workshop will provide a variety of off-beat strategies to motivate reluctant learners at all grade levels.

II. ***Communications Across Cultures: Multicultural Family Characteristics***
Erica Hagen, director, Intercultural Communications Resources, Los Angeles *Orly*

This workshop will use slides and interactive strategies to examine the acculturation process and to identify some cultural differences that can cause misunderstanding between families and school professionals. Short-term and long-term strategies for addressing such alienating factors as value shock, differing expectations, culture shock, labeling, stereotyping, discrimination, isolation, and intergroup conflicts will be explored. Understanding each other is a major weapon in the war against substance abuse.

III. ***Working Together Will Make It Happen***
Dr. Howard Adelman, professor, Psychology, UCLA *DaVinci*

Today's buzzwords of collaboration, cooperation, and teaming can hold the answer to many problems facing support services personnel. Dr. Adelman will present a sparkling formula for combining all three to use in a special process for addressing the fundamental tasks facing staff in the 1990s.

Rooms located on second floor include: Midway, National, O'Hare, Orly, Sea-Tac, and Templehoff.
Rooms located on third floor include DaVinci and Dorval.

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Appendix C
The Tenth of Fifteen
Regional Training Meetings
August 27, 1993
(continued)

IV. ***Sexual Harassment and Teens***
Deanne Neiman, Office of Affirmative Action/Equal Opportunity Section
Los Angeles Unified School District — *Dorval*

A recent survey on sexual harassment, conducted by Louis Harris and Associates, revealed that 85% of girls and 75% of boys have experienced sexual harassment in school. Perpetrators, as well as victims, suffer if sexual harassment occurs; both feel guilt, shame, fear, sadness, depression, withdrawal, anger, and confusion. In this workshop you will learn how to recognize sexual harassment and learn what you should do if you see or experience sexual harassment in your school.

V. ***Impact of Drugs and Alcohol in Schools: How Crisis Teams Can Help***
Alnita Dunn, psychologist, Los Angeles Unified School District — *Sea-Tac*

The increasing use of drugs and alcohol by students poses a continuing threat to school achievement and adjustment. Many of the behavior problems, emotional difficulties, and failing grades experienced by today's students stem from the use of alcohol and drugs. This workshop will describe ways in which School Crisis Teams may assist in drug prevention and intervention at the local schools.

VI.* ***Six Steps Toward a Structural-Strategic Approach for Adolescent Substance Abuse***
Jim Wiswell, MFCC, Eastland Counseling Center, Covina — *Midway*

Today's students need help in arranging and organizing their lives to meet and solve their problems. At this workshop concrete steps will be outlined to guide the support person to create a plan in order to bring about desired change. Students have applauded this program.

VII.* ***The Use of Peer Counseling in Preventing Drug Abuse***
Joanne Sturkie, Long View, Texas — *National*

Kids talk to kids. This workshop will teach you how to use peer counseling to promote positive peer pressure in the fight against drug abuse. Kids get kids into drugs. Kids get kids out of drugs. Demonstrations, role plays, and handouts.

VIII. ***"Think First," for Elementary Students: A Group Counseling Program***
Dr. Judy McBride, Psychological and Counseling coordinator
Long Beach Unified School District — *Templehoff*

A group counseling program designed to help boys, grades 2-6, deal rationally with issues of anger and aggression. "Think First" is based on research which suggests how aggressive behavior develops in young children. "Think First" is accompanied by and includes a video-based parent-training program called "Parent to Parent." "Parent to Parent" is designed for use with parents of children who are experiencing problems with anger management, impulse control, and aggressive behavior.

11:45 a.m. – 12:45 p.m. *Lunch*

*Repeated in the afternoon session

Rooms located on second floor include: Midway, National, O'Hare, Orly, Sea-Tac, and Templehoff.
Rooms located on third floor include DaVinci and Dorval.

Appendix C
The Tenth of Fifteen
Regional Training Meetings
August 27, 1993
(continued)

General Session

12:45 p.m. – 1:50 p.m. ***Discouraging Addictive/Destructive Behavior Through the Use of 21st Century Discipline***
Dr. Jane Bluestein, director, Instructional Support Services
Albuquerque, New Mexico

2:00 p.m. – 3:15 p.m. ## *P. M. Sessions*

I. ***Helping vs. Enabling: Student Substance Abuse Prevention***
Jane Bluestein, Albuquerque, New Mexico — *Concourse Ballroom*

When does our helpful behavior get in the way of a child's growth and accountability? This program examines effective ways to support children who are having problems, validate their feelings and experiences, help them resolve conflicts independently, and hold them accountable for their behavior. We'll also learn positive, supportive alternatives to using warnings and delayed consequences, shaming and blaming, making (or accepting) excuses, and compromising our own boundaries in order to encourage student responsibility and self-management.

II. ***Six Steps Toward a Structural-Strategic Approach for Adolescent Substance Abuse***
Jim Wiswell, MFCC, Eastland Counseling Center, Covina — *Midway*

Today's students need help in arranging and organizing their lives to meet and solve their problems. At this workshop concrete steps will be outlined to guide the support person to create a plan in order to bring about desired change. Students have applauded this program.

III. ***The Use of Peer Counseling in Preventing Drug Abuse***
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Kids talk to kids. This workshop will teach you how to use peer counseling to promote positive peer pressure in the fight against drug abuse. Kids get kids into drugs. Kids get kids out of drugs. Demonstrations, role plays, and handouts.

IV. ***Networking with Drug Free Schools Support Services Personnel***
Lee Saltz, coordinator, Impact Program, Los Angeles Unified School District
Giselle Quintero, coordinator, On-Site Prevention Program, Los Angeles Unified School District
Mike Shannon, school psychologist, Elizabeth Street Learning Center, Los Angeles Unified School District
Dr. James Volger, consultant, Program Evaluation, Division of Educational Support Services
Los Angeles County Office of Education — *Dorval*

Rooms located on second floor include: Midway, National, O'Hare, Orly, Sea-Tac, and Templehoff.
Rooms located on third floor include DaVinci and Dorval.

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Appendix C
The Tenth of Fifteen
Regional Training Meetings
August 27, 1993
(continued)

This program will offer a description of services offered through specially-funded comprehensive health, drug, alcohol, tobacco, and prevention programs. County Office evaluation services will also be described, with suggestions for psychologists to use for on-site evaluation purposes.

V. ***Think First: A Video-Based Counseling Program for Adolescents***
Dr. Judy McBride, Psychological and Counseling Services coordinator
Long Beach Unified School District

Templehoff

See actual students interacting with the school psychologist as they discuss issues dealing with anger and aggression. This workshop highlights a special program showing the steps for helping adolescents deal with volatile issues and come out winners.

VI. ***Consultation and Family Rituals – A Systems Approach to Family Consultation***
Dr. Sharon Johnson, assistant professor, California State University, Los Angeles

DaVinci

Viewed from a systems perspective, consultation can be a primary tool for school psychologists to use with families, as well as with school staff. This workshop shows how the knowledge and use of rituals is important in the behavioral change process.

VII. ***Group Counseling with Adolescent Substance Abusers***
Dr. Mary Catherine Fitzgerald, professor, Loyola Marymount University

Orly

A step-by-step method for counseling adolescents in groups. Dr. Fitzgerald will lead participants through the necessary procedures for effective goal reaching. An opportunity for demonstrating techniques for dealing with the reluctant participant, the takeover member, and the overly confiding client will be provided. Participants should come to this session prepared to be involved and to question!

VIII. ***Discovering the Different Reasons Why Students Use Drugs and What to Do About It (True Colors)***
Dr. Diana Ketterman, continuation high school psychologist, Walnut Valley Unified School District

Sea-Tac

Learn a simple and practical tool for identifying and esteeming the core personality style of yourself and others. With the "True Colors" method, school psychologists can provide students, families, and staff with a powerful weapon to assist them in the war against substance abuse.

Rooms located on second floor include: Midway, National, O'Hare, Orly, Sea-Tac, and Templehoff.
Rooms located on third floor include DaVinci and Dorval.

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Appendix C
The Eleventh of Fifteen
Regional Training Meetings
September 22, 1993

Los Angeles County Office of Education
Division of Educational Support Services

BRIEF INTERVENTION COUNSELING STRATEGIES
FOR CHRONIC BEHAVIOR DISORDERS

Gene Autry Western Heritage Museum
September 22, 1993

AGENDA

8:45 a.m. - 9:00 a.m.	I.	Welcome and Introductions
9:00 a.m. - 9:30 a.m.	II.	Overview of Programs
9:30 a.m. - 10:30 a.m.	III.	Specific Strategies and Techniques
10:30 a.m. - 10:45 a.m.		BREAK
10:45 a.m. - 12:15 p.m.	IV.	Specific Strategies and Techniques (continued)
12:15 p.m. - 1:15 p.m.		LUNCH
1:15 p.m. - 2:45 p.m.	V.	Specific Strategies and Techniques (continued)
2:45 p.m. - 3:15 p.m.	VI.	Questions and Answers

Co-Sponsor:
U.S. Department of Education
Drug-Free Schools and Communities Counselor
Training Grants Program

Alice Healy-Sezno
(310) 922-6333

Appendix C
The Twelfth of Fifteen
Regional Training Meetings
September 29, 1993

Los Angeles County Office of Education
Division of Educational Support Services

HOW TO INTERVENE WITH ADOLESCENTS WHO USE DRUGS/ALCOHOL

Palmdale Cultural Center

September 29, 1993

AGENDA

8:45 a.m. - 9:00 a.m.	I.	Welcome and Introductions
9:00 a.m. - 10:15 a.m.	II.	**What to Do When a Teenager Uses Drugs—** Scott Marshall - addiction counselor, trainer and consultant, Long Beach
10:15 a.m. - 10:30 a.m.		**BREAK**
10:30 a.m. - 11:45 a.m.	III.	**Communications Across Cultures - Multi-cultural Family Characteristics—** Erica Hagen, director, Instructional Communications Resources, Los Angeles
11:45 a.m. - 11:55 a.m.		**BREAK**
11:55 a.m. - 1:00 p.m.	IV.	**Strategic Family Interventions—** Jim Wiswell, MFCC, Eastland Counseling Center, Covina
1:00 p.m. - 1:15 p.m.	V.	Antelope Valley Council on Alcoholism and Drug Dependency, Sible Rees

Co-Sponsor:
U.S. Department of Education
Drug-Free Schools and Communities Counselor Training Grants Program

Alice Healy-Sarno
(310) 922-6333

Appendix C
The Thirteenth of Fifteen
Regional Training Meetings
October 21, 1993

Los Angeles County Office of Education Division of Educational Support Services

EARLY YEARS STUDENT AT-RISK COUNSELORS CONFERENCE

Beverly Garland Hotel
North Hollywood
October 21, 1993

A G E N D A

		Room
8:00 a.m. - 8:45 a.m.	Registration and Coffee	
8:45 a.m. - 9:00 a.m.	*- Welcome -* *Dr. Alice Healy-Sesno,* Educational Support Services Los Angeles County Office of Education *Dr. Chrles Espalin*, Director, Counseling Services, Los Angeles Unified School District *Mr. William Aston,* Project Coordinator, Los Angeles County Office of Education	*Father Serra*
9:00 a.m. - 10:00 a.m.	*- Keynote -* **"I am a 10" Empowerment of Self and Others** - *Maria Escude Reifler,* Director of Programs, Reifler Associates	*Father Serra*
Break 10:00 a.m. - 10:20 a.m.		
10:20 a.m. - 11:30 a.m.	*- Sessions -* **A. Teaching Strategies for Prenatally Drug-Exposed Children** -*Eileen Marie Moore* Elementary Counselor, San Diego, CA	*Mission North*
	B. Techniques to Develop Middle Student Self-Esteem and Self-Responsibility - *Maria Escude Reifler*	*Mission South*
Lunch 11:30 a.m. - 12:30 p.m.		
12:30 p.m - 2:20 p.m.	**Brief Interventions to Resolve Chronic School Behavior Problems** - *Dr. Jim Morrison,* Clinical Director, Park Place Center, Cerritos, CA	*Father Serra*
Break 2:20 p.m. - 2:30 p.m.		
2:30 p.m. - 3:00 p.m.	**Elementary Counselors Meeting** - *Dr. Charles Espalin* Director, Counseling Services Programs, Los Angeles Unified School District	*Mission North*
	Middle School Counselors Meeting - *Sylvia Mendez,* Coordinator, LEP Student Counseling Support Services	*Mission South*

Co-Sponsor
U.S. Department of Education Drug-Free Schools and Communities Counselor Training Grants Program
Alice Healy-Sesno
(310)922-6333

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Appendix C
The Fourteenth of Fifteen
Regional Training Meetings
October 29, 1993

Los Angeles County Office of Education, Division of Educational Support Services

COUNSELORS AND PSYCHOLOGISTS WORKSHOP
SELF-ESTEEM COMES IN MANY CULTURES

Arcadia Methodist Hospital Auditorium

October 29, 1993

A G E N D A

8:00 a.m. - 9:00 a.m.	Registration and Coffee
9:00 a.m. - 9:15 a.m.	*- Welcome and Introductions -* **Dr. Alice Healy-Sesno,** Los Angeles County Office of Education **Dr. Suzanne Keavney,** Arcadia Unified School District
9:15 a.m. - 9:40 a.m.	- Keynote - **"Self-Esteem Can Empower, Enrich, Encourage, and Entice: How to Help Your Students Partake!"** *Sandie Jacobs, M.F.C.C.*
Break	
9:40 a.m. - 9:50 a.m.	
9:50 a.m. - 10:50 a.m.	*- Multicultural Panel Presentations -* **Ms. Maryam Asiani,** School Psychologist, Arcadia Unified School District (Re: Iranian culture) **Ms. Debbie Choi,** LCSS, Staff Therapist, Asian Pacific Family Center (Re: Korean culture) **Ms. Salpi Ghazarian,** Teacher Trainer for California Department of Education and Certified Court Interpreter (Re: Armenian culture) **Dr. Carlos Manrique,** Assistant Superintendent, Instruction, El Monte City School District (Re: Latino culture) **Dr. Glenn Masuda,** Licensed Psychologist, Coordinator of School-Based Programs, Asian Pacific Family Center (Re: Japanese culture) **Dr. Taylor Morton,** Law Instructor and Diversity Consultant, and President, NAACP, Pasadena (Re: African-American culture) **Dr. Sam Ng,** Project Director, Substance Abuse Prevention, Asian Pacific Family Center (Re: Chinese culture)
Break	
10:50 a.m. - 11:00 a.m.	
11:00 a.m. - 12:00 noon	Continued - *Multicultural Panel Presentations* -

Sponsor
U.S. Department of Education Drug-Free Schools and Communities Counselor Training Grants Program
Alice Healy-Sesno (310) 922-6333

References for High School Counselors

The Multicultural Student's Guide to Colleges • Robert Mitchell • The Noonday Press • Farrar, Straus and Giroux • New York, 1993.

Horizons 2,000: Career and Life Plan for Young Women • Cheryl G. Bartholomew, Ph.D. • B. L. Winch and Associates, Rolling Hills Estates, 1992.

Appendix C
The Fifteenth of Fifteen
Regional Training Meetings
March 18, 1994

The Los Angeles County Office of Education
Division of Educational Support Services

and

The United States
Department of Education

Present

"Focus on Students At Risk"

A Seminar
for
High School Counselors and Support Services Personnel
Los Angeles County School Districts

WESTIN HOTEL
Los Angeles, California
March 18, 1994

Appendix C
The Fifteenth of Fifteen
Regional Training Meetings
March 18, 1994
(continued)

Program

8:15 a.m. – 9:00 a.m. *Registration – Coffee*

9:00 a.m. – 9:05 a.m. *Welcome – Dr. Alice Healy-Sesno, consultant-in-charge Division of Educational Support Services*

9:05 a.m. – 9:50 a.m. **Keynote** *Grand Ballroom B*

"You Can Make a Difference"

Dr. William Rader
The Rader Institute
Los Angeles, CA

9:50 a.m. – 11:00 a.m. *The Challenge Model: Resilience in Children of Hardship*
Dr. Sybil Wolin, Project Resilience, Washington, D.C.

Introduced by Mr. Michael Donnelly, co-chair, High School Counselors' Advisory Group

11:00 a.m. – 11:15 a.m. *BREAK*

11:15 p.m. – 12:15 p.m. *Powerful Parenting Requires Positive Relationships*
Sandi Jacobs, M.F.C.C.

Introduced by Ms. Cynthia Augustine, co-chair, High School Counselors' Advisory Group

12:15 p.m. – 1:15 p.m. *Working with Multicultural Youth At Risk*
Maria Oh, N.C.C., counseling unit manager, Korean Youth and Community Center, Los Angeles

Cliff McClain, technical assistance coordinator, National Black Alcoholism Council

Frank Martinez, intake worker, People Coordinated Services/Castle Substance Abuse Programs

Introduced by Mr. Bill Aston, project coordinator, Drug-Free Schools and Communities Counselor Training Program

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Appendix C
The Fifteenth of Fifteen
Regional Training Meetings
March 18, 1994
(continued)

Table-Talk Sessions

Bring your box lunch to the table-talk session
Handouts on topics will be available from table-talk chairpersons

1:15 p.m. – 1:30 p.m. BOX LUNCH PICK UP

1:30 p.m. – 2:00 p.m. Table-Talk Sessions

2:00 p.m. – 2:30 p.m. Table-Talk Sessions

1. *Building Counselor Morale—Practice Random Acts of Kindness – Nancy Megli and Dorothy Gram*
   With very little time and even less effort, you can create a warm supportive environment for your colleagues. A note, a smile, a stamped message, a word of encouragement...means so much, yet costs so little. Explore new ways to practice random acts of kindness and feel good too.

2. *Peer Helping – Michael Donnelly*
   This round table will discuss current research involving peer resource models, explain how the program works in one district and provide an opportunity for sharing ideas, techniques, and resources. If you feel overwhelmed as a high school counselor, be sure to come to this session.

3. *Counselors and Restructuring – Cynthia Augustine*
   Participate in a lively discussion about the role of counselors in restructuring plans. Ideas and action plans will be shared and developed. Restructuring is here, are we ready to welcome it? This table-talk will help you get off to a good start or if already involved, increase opportunities for success.

4. *Crisis Interventions – Warren Sapp*
   Participants will have an opportunity to share information and have questions answered regarding crisis intervention techniques dealing with natural disasters and suicide prevention.

5. *Teenage Grief – Martie Parker*
   This table-talk will provide an overview of teenage grief with some hands on activities. Opportunities for questions and answers will be provided along with additional time for sharing helpful suggestions.

Conferees will have an opportunity to attend two table-talk sessions.

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Appendix D
Sample Page
The Networking Directory
Memo

Los Angeles County Office of Education

Stuart E. Gothold
Superintendent

Los Angeles County
Board of Education

Frank J. Alderete
President

Barbara G. Pieper
Vice President

Anne Hutter Bessette

Louis P. Bohlen, Jr.

Maria Elena Gandia

Marcia F. Volpert

Michaelene D. Wagner

June 1, 1992

TO: Support Services Personnel Involved in Drug Prevention Training Programs

FROM: Alice Healy-Sesno, consultant-in-charge
Evaluation, Research, and Pupil Support Services
Division of Educational Support Services

SUBJECT: NETWORKING DIRECTORY

The U.S. Department of Education's Drug-Free Schools and Communities Grant provided the resources for the Los Angeles County Office of Education's Drug Prevention Training Program for Counselors and Support Services Personnel. These training experiences were held at locations geographically friendly to the 82 K-12 school districts within Los Angeles County.

In addition to the primary objectives of presenting training experiences, and distributing relevant support material, a further objective of the grant was the establishment of regional support networks that could serve as resources and provide other cooperative benefits for support personnel. This directory was developed to address that objective.

At the initial training sessions, participants were given the opportunity to be listed in the resource/networking directory. It is suggested that the directory be used as a guide to obtain and share information about support services programs. It may also serve as a resource to locate speakers, set up regional meetings, and facilitate on-site visitations.

The Networking Directory contains a "Hotlines/Info/Referrals" list as an example of how information may be shared among networking participants. Telephone numbers change frequently and should be checked before using as a referral.

For futher assistance or questions regarding the networking program, please call Mr. Bill Aston, project coordinator, at (310) 922-6393.

das
Enclosures

9300 Imperial Highway, Downey, California 90242-2890 (310) 922-6111

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Appendix D
Sample Page
The Networking Directory
Hotline/Info/Referrals List

HOTLINES/INFORMATION/REFERRALS
SELF-HELP SUPPORT GROUPS

NOTE: Because leadership changes often in self-help groups, the listed telephone numbers may change. Hotline/Information/Referral numbers are for reaching those that can provide crisis counseling, refer callers to local agencies, provide information and/or printed materials.

Hotlines/Information/Referrals	
AIDS Hotline	(800) 922-2437
Al-Anon	(800) 356-9996
AA Info (Espanol)	(213) 384-2449
Battered Women	(800) 548-2722
Be Sober Hotline	(800) 237-6237
Cancer Information Service	(800) 422-6237
Child Find of America, Inc	(800) 426-5678
Childhelp U.S.A.	(800) 422-4453
Cocaine Hotline	(800) COCAINE (262-2463)
Homerun (Youth Crisis Hotline)	(800) HIT-HOME (448-4663)
National AIDS Hotline	(800) 342-2437
National Ctr. for Missing & Exploited Children	(800) 843-5678
National Daycare Referral	(800) 554-5437
National Runaway Switchboard	(800) 621-4000
Parents Anonymous	(213) 388-6685
Runaway Hotline	(800) 231-6946
Sexual Assault Hotline	(213) 979-6333
Teen Line	(800) TLC-TEEN (852-8336)
We Tip	(800) 472-7766

Self-Help/Support Groups	
Adult Children of Alcoholics	(310) 534-1815
Alcoholics Anonymous (AA)	(310) 474-7339
Alzheimer's Disease Association	(213) 938-3370
Blind Support Groups	(310) 945-8771
Cocaine Anonymous	(310) 839-1141
Concerned Parents Program	(213) 261-9779
Domestic Violence Support	(310) 547-9343
Emotional Health Anonymous	(818) 240-3215
Epilepsy Society	(213) 382-7337
Families Anonymous	(310) 313-5800
Gamblers Anonymous	(213) 260-4657
Gay & Lesbian Community Center	(213) 464-7400
Hearing Impaired Self-Help	(818) 967-3761
Nar-Anon	(310) 547-5800
National Association of Anorexia Nervosa (9 a.m.—5 p.m. Eastern Standard Time)	(708) 831-3438
National Council on Alcoholism	(818) 331-5316
Overeaters Anonymous	(818) 881-4776
Parents Anonymous of California	(310) 649-5212
Project S.I.S.T.E.R.	(714) 623-1619
Travelers Aid Society	(213) 468-2500
Veteran's Affairs	(213) 894-3350
Victims of Domestic Violence	(805) 945-6736
Women's AIDS Project	(213) 650-1508
YWCA—Greater Pomona Valley	(909) 622-1269

Family Assistance/Parent Support	
Families Anonymous	(213) 892-2459
Didi Hirsch	(310) 390-6612
Because I Love You	(310) 659-5289
Boys'/Girls' Club	(310) 391-6301
Southern California Counseling Center	(213) 937-1344

California Councils on Alcoholism & Drug Dependence	
Lancaster	(805) 948-5046
Long Beach	(310) 435-1002
Los Angeles (Central)	(213) 384-0403
Los Angeles (Southeast)	(310) 869-6385
	(310) 923-4545
Palmdale	(805) 274-1062
Pasadena	(818) 795-9127
Pomona (East San Gabriel Valley)	(818) 331-5316
San Fernando Valley	(818) 997-0414
South Bay	(310) 328-1460

Appendix D
Sample Page
The Networking Directory
First Page of first Network

Drug Prevention Training Program for Support Services Personnel
Loyola Marymount University
March 6, 1992

NETWORKING DIRECTORY

Eileen Bryant Archibald, community outreach supervisor
Saint Joseph's Medical Center
501 S. Buena Vista
Burbank, CA 91505
(818) 840-7923
Certified Alcohol & Drug Counselor, Family Therapist, Crisis Intervention

Barbara Baxter, counselor
R.K. Lloyde Continuation High School
Centinela Valley Union High School District
14901 Inglewood Avenue
Lawndale, CA 90260
(310) 970-7766

Martha Berry, counselor
Hull Middle School
Torrance Unified School District
2080 W. 231st Street
Torrance, CA 90501
(310) 328-9851
Alcohol Counseling

Ronald Bovtella, psychologist
Inglewood Unified School District
401 S. Inglewood Avenue
Inglewood, CA 90301
(310) 419-2770

Diana Burrell, nurse
24th Street School
Los Angeles Unified School District
2055 W. 24th Street
Los Angeles, CA 90018
(213) 735-3946 or (213) 735-0278
Health Promotion & Maintenance

Ginny Butler, health consultant
El Segundo Unified School District
641 Sheldon Street
El Segundo, CA 90245
(213) 322-4500 ext. 233

Joan Calder, nurse
Los Angeles Unified School District
366 Flint
Long Beach, CA 90814
(310) 498-2967

Marion L. Calhoun, college counselor
Centennial High School
Compton Unified School District
2606 N. Central Avenue
Compton, CA 90222
(310) 898-6126

Betty Castillo, health aide
Hawthorne Intermediate School
Hawthorne School District
4366 W. 129th Street
Hawthorne, CA 90250
(310) 676-0167

Diana Chiang, counselor
San Gabriel High School
Alhambra City & High School Districts
801 Ramona Street
San Gabriel, CA 91776
(818) 308-2333

Adela de la Torre, psychologist
Bell Gardens High School
Montebello Unified School District
6119 Agra Street
Bell Gardens, CA 90201
(213) 726-1225 ext. 2291
Family Dynamics

Barbara E. Demus, teacher
Compton Unified School District
417 W. Alondra Boulevard
Compton, CA 90220
(213) 732-1984
Home & Hospital Teaching K-12 grades

Judy Garber, counselor
Hawthorne Intermediate School
Hawthorne School District
4366 W. 129th Street
Hawthorne, CA 90266
(310) 676-0167

Shailyn Gess, elementary counselor
Newhall Elementary School
Newhall School District
24607 Walnut Street
Newhall, CA 91321
(805) 259-8480
Intervention Specialist

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Appendix E
Memo Regarding Student Survey

Los Angeles County Office of Education

Stuart E. Gothold
Superintendent

Los Angeles County
Board of Education

Marcia F. Volpert
President

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Vice President

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Barbara G. Pieper

Michaelene D. Wagner

April 16, 1993

TO: Drug Prevention Training Program for Counselors and Support Services Personnel Participants

FROM: Alice Healy-Sesno, consultant-in-charge
Division of Educational Support Services

SUBJECT: **DRUG ABUSE PREVENTION STUDENT SURVEY**

As a participant in the 1992 Los Angeles County Office of Education's Drug Prevention Training Program for Counselors and Support Services Personnel conducted at Loyola Marymount University, Mt. San Antonio College, the Gene Autry Museum, and the Palmdale Cultural Center, I am requesting your response to the enclosed questionnaire regarding the use of the "Student Survey" for drug abuse prevention. As part of the grant we received for this program from the Department of Education, it is requested that we disbtribute this questionnaire and most important that we receive your feedback on this topic. Please take a moment to respond.

Enclosed is a copy of this instrument which is currently being used for the evaluation of substance abuse prevention programs in a number of districts within the county. Areas measured by the instrument include self-esteem, decision-making skills, drug attitudes and knowledge, and drug usage.

This instrument is available in English or Spanish, customized with your district's name and logo. Countywide data sampling the responses of some 50,000 students will be made available upon request. The Division of Educational Support Services will provide the document, scanning, scoring, and analysis at a cost of $.40 per student.

Sample pages from the standard report are enclosed. Additional analysis, including presentation quality charts (see enclosed), is also available. A complete sample district report is available upon request.

For further information regarding these services, please contact Dr. John Martois at (310) 922-6302.

des
Enclosures

9300 Imperial Highway, Downey, California 90242-2890 (310) 922-6111

Appendix E
First Page of Student Survey

STUDENT SURVEY

This survey asks for your opinion about a number of different things. We need your help to make this a good study. It is important that you think about each question and answer it truthfully.

The only people who will see these answers are professional researchers. No information of any kind about individual students will ever be given to anyone by the researchers. This means that your answers will never be shown to your teachers or your parents, the police, or anyone else.

DISTRICT

SCHOOL

TEACHER

SEX

○ MALE
○ FEMALE

I FIRST ATTENDED THIS SCHOOL IN GRADE: K 1 2 3 4 5 6 7 8 9 10 11 12

ETHNIC BACKGROUND

○ American Indian
○ Asian
○ Pacific Islander
○ Filipino
○ Hispanic
○ Black-Not of Hispanic Origin
○ White-Not of Hispanic Origin
○ Other

I AM IN GRADE:

3 4 5 6 7 8 9 10 11 12

I STUDIED ABOUT DRUGS LAST YEAR

○ YES ○ NO

SPECIAL CODES

A B C D E F G H I J K L M N O

253550

PLEASE DO NOT MARK IN THIS AREA

Appendix E
Sample Pages from Report

SAMPLE PAGES FROM A DISTRICT REPORT INCLUDING OPTIONAL CHART(S)

DRUG ABUSE SURVEY

STUDENT ASSESSMENT SERVICES
DIVISION OF EDUCATIONAL SUPPORT SERVICES
LOS ANGELES COUNTY OFFICE OF EDUCATION

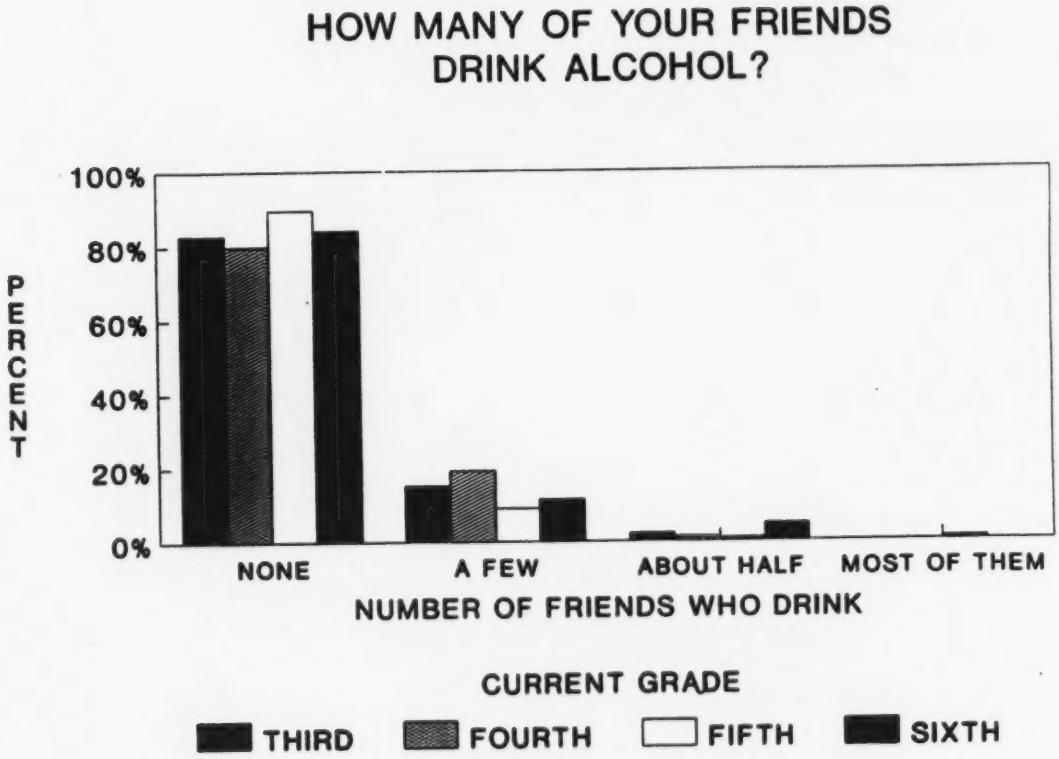
Enclosure No. 1
Bul. No. 157
DESS-13-90/91

Appendix E
Sample Pages from Report

DEMOGRAPHIC DATA....	FIRST ATTENDED THIS SCHOOL IN GRADE	
	Count	Percent
I AM IN THE THIRD GRADE		
KINDERGARTEN	32	46%
FIRST GRADE	10	14%
SECOND GRADE	11	16%
THIRD GRADE	16	23%
FOURTH GRADE		
KINDERGARTEN	37	39%
FIRST GRADE	11	12%
SECOND GRADE	9	10%
THIRD GRADE	18	19%
FOURTH GRADE	19	20%
FIFTH GRADE		
KINDERGARTEN	39	26%
FIRST GRADE	20	14%
SECOND GRADE	17	11%
THIRD GRADE	21	14%
FOURTH GRADE	25	17%
FIFTH GRADE	26	18%
SIXTH GRADE		
KINDERGARTEN	33	37%
FIRST GRADE	7	8%
SECOND GRADE	3	3%

(continued)

Appendix E
Sample Pages from Report



Appendix F
Questionnaire on Use of Student Survey

LOS ANGELES COUNTY OFFICE OF EDUCATION

Division of Educational Support Services

Drug Prevention Training Program for Counselors and Support Services Personnel Participants

Questionnaire regarding use of the "Student Survey" for the evaluation of drug abuse prevention programs.

_____ (Name) _____ (School)

_____ (Position) _____ (Phone #)

1. The "Student Survey" has been used in:

_____ (Name of School) _____ (Grade[s])

☐ Yes ☐ No

If yes, when: _____

2. After reviewing the "Student Survey" instrument and sample pages from the standard report, I will recommend that the survey be administered.

☐ Yes ☐ No

3. I would like to have more information about the "Student Survey."

☐ Yes

4. Comments: _____

_____

_____

Please fold, staple, and return to:

Mr. Bill Aston, project coordinator
Drug Prevention Training Project

das

(Over)

Appendix G
Resources

Drug Prevention Training Program for Support Services Personnel
Los Angeles County Office of Education
Division of Educational Support Services

PACKET RESOURCE LIST

10 Steps to Help Your Child Say "NO"—A Parent's Guide
A brochure to assist parents in guiding their children away from using drugs, while enhancing the parent/child relationship.

Wisconsin Clearinghouse
P.O. Box 1468
Madison, WI 53701
(608) 263-2797

"Adolescence and Vulnerability to Chemical Dependence"
This article describes the changes in adolescence, how drug abuse has become an integral part of "coming of age," and how drug addiction in the adolescent is a disease that produces extremely serious consequences.

Reprinted with permission:
Adolescent Counselor Journal
8577 154th Avenue NE
Redmond, WA 98052
August/September 1988

Back in Control—How to Get Your Children to Behave
This book is for parents who want to regain control of their children's behavior without compromising their values or kicking the kids out of the house.

Gregory Bodenhammer, author
Simon and Schester Building
Rockefeller Center
1230 Avenue of the Americas
New York, New York 10020
1992

Becoming Naturally Therapeutic
This book shows how to empathize without enabling, how to care without controlling, and how by helping others you help yourself.

Jacquelyn Small, author
Bantam Books
666 5th Avenue
New York, New York 10103
Revised edition 1990

Appendix G
Resources
(continued)

Conducting Support Groups for Students Affected by Chemical Dependence

This book describes practical and effective ways in which educators can start and evaluate support group programs.

Martin Fleming,, author
Johnson Institute
7151 Metro Blvd., Suite 250
Minneapolis, Minnesota 55439
(800) 231-5165
1990

Confidentiality of Student Records

A guide to assist school districts develop a written policy that will address the dual requirements of confidentiality and consent in the maintenance of student records.

Western Center
Drug-Free Schools and Communities
Northwest Regional Educational Laboratory
101 S.W. Main Street, Suite 500
Portland, OR 97204

Drugs and Youth—An Information Guide for Parents and Educators

Booklet discusses "Gateway Drugs" and other major drug groups and examples of the most popular drugs in those categories. The booklet also contains sections on the stages of addiction, the risk factors associated with adolescent drug abuse, "What You Can Do," signs of drug abuse, and resources for more information.

Produced by the:
Crime Prevention Center
California Attorney General's Office in cooperation with the: Bureau of Narcotic Enforcement California Department of Justice
Sacramento, CA 94244-2550
1988, revised January 1991

Drugs and Youth—The Challenge

Video companion to booklet "Drugs and Youth—An Informative Guide for Parents and Educators." Each can stand alone. Available in Spanish.

Presented by:
California Attorney General
To order additional copies call:
(916) 638-8383

Appendix G
Resources
(continued)

Enabling in the School Setting

This booklet aims at explaining about student alcohol/drug problems and what an enabling system is and how it manifests itself. The enabling system must be understood before a significant impact can be made on changing alcohol/drug problems.

Gary L. Anderson, author
Johnson Institute
7205 Ohms Lane
Minneapolis, MN 55439-2159
(800) 231-5165
1988

Growing Up Drug Free—A Parent's Guide to Prevention

Handbook to help families learn about drugs. It gives important information on child development at four key stages of growth and suggests activities to reinforce drug-prevention messages in the home.

U. S. Department of Education, Washington, D.C.
To order additional copies of this guide free of charge, please call the Department of Education's toll-free number:
(800) 624-0100, in the Washington, D.C. area, call 737-3627 or send your name and address to:
Growing Up Drug Free
Pueblo, CO 81009 or to the
National Clearinghouse for Alcohol and Drug Information
P.O. Box 2345
Rockville, MD 20852
1991

How a Parent Can Help a Child With an Alcohol or Other Drug Problem

Leaflet offers clues to help identify whether drug problems exist and some suggestions for dealing with those problems.

Martha Nicholson, M.A., Information Specialist for PICADA, and Susan Portney, Intervention and Training Specialist for PICADA.
The Wisconsin Clearinghouse
P.O. Box 1468
Madison, WI 53701
(608) 263-2797
1988

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How a Teen Can Help a Friend With an Alcohol or Drug Problem

Leaflet offers warning signs for teens to help identify a friend that has a drug problem and how to help the friend.

Courtie Demarest, counselor, Dean of Students' Office,
University of Wisconsin-Madison, and
Sara Krebsbach, consultant, student assistance programs
Wisconsin Office of Alcohol and Other Drug Abuse.
The Wisconsin Clearinghouse
P.O. Box 1468
Madison, WI 53701
(608) 263-2797
1988

How to Resolve Chronic School Behavior Problems: Brief Interventions That Work

This handout provides a solution-focused model that represents a change in strategic therapy from focusing on problems to focusing on solutions.

Drs. James A. Morrison and Thomas F. Brock, authors
Brock-Morrison Family Counseling, Inc.
11554 South Street, Suite 9
Cerritos, CA 90701
(310) 402-7229
1993

Laws About Alcohol and Other Drugs

A resource to help parents and educators become more familiar with California law. Knowledge of the serious consequences of drug use will enable adults to communicate these consequences to their children and students.

Compiled by:
Jill English, Ph.D.
Southwest Regional Laboratory and
Beth Anne Munger, M.S.
Palos Verdes Peninsula Unified School District
Palos Verdes, CA 90274
Under subcontract with:
Northwest Regional Educational Laboratory
Western Center for Drug-Free Schools and Communities
101 S.W. Main Street, Suite 500
Portland, OR 97204
Revised 1990

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Progression of Chemical Dependence and Recovery in Adolescents

This article makes it clear that chemical dependence is a primary, chronic, progressive, psychological, biochemical, genetic, and relapsing disease that effects adolescents as well as adults. Adolescents appear to exhibit an increased vulnerability of susceptibility to chemical dependence. The differing dynamics in adolescent addiction are varied and must be understood to make successful recovery an attainable goal for adolescents.

Martha A. Morrison, M.D.; Heather R. Hayes, MEd, CAC; and Kevin J. Knauf, MEd, CAC
Reprinted with permission from: Psychiatric Annals 19:12 Dec. 1989

Address reprint requests to:
Martha A. Morrison, M.D.
Medical Director
Anchor Recovery Team
1669 Phoenix Parkway, Suite 104
Atlanta, GA 30349

Schools and Drugs--A Guide To Drug and Alcohol Abuse Prevention Curricula and Programs

Handbook developed by the California Attorney General's Office to help educators select and implement effective drug and alcohol abuse prevention curricula and programs in their efforts to establish drug-free school environments. Descriptions of a number of curricula programs, and projects provided.

California Attorney General's Office
Crime Prevention Center, Suite 100
P.O. Box 94425
Sacramento, CA 94244-2550
(916) 324-7863
1987, revised January 1991

Solving Alcohol/Drug Problems in Your School—What Student Assistance Programs Work

Booklet provides characteristics of successful student assistance programs and describes strategies that have failed.

Gary L. Anderson, author
Johnson Institute
7205 Ohms Lane
Minneapolis, MN 55439-2159
(800) 231-5165
1988

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Stages of Chemical Dependency

Drug Awareness Test; Chemical Dependency and Adolescents—Key Differences; Stages of Drug Abuse; Key Components of Effective Confrontation; Interviewing Suggestions; Drug Detection Periods; Family Enabling Process; and Professional Enabling.

Sandie Jacobs, consultant
600 N. Brea Blvd., #47
Brea, CA 92621
(714) 990-8988

"Student Survey"

A survey to be used to determine students' drug knowledge.

Dr. John Martois, consultant
Educational Support Services
Los Angeles County Office of Education
9300 Imperial Hwy., Room 210
Downey, CA 90242
(310) 922-6302

"To Help Substance Abusers, We Must First Help Ourselves"

An article that explains how teachers and administrators must examine their own thinking and actions to discover attitudes and behaviors that impede progress in dealing successfully with drug problems in their own schools.

"Educational Leadership"
Anonymous Author

What Works—Schools Without Drugs

Handbook offers latest information about drugs and their effects, as well as examples of school-based programs that have successfully combated student drug use.

U. S. Department of Education, Washington, D.C.
To order additional copies of this guide free of charge, please call the Department of Education's toll-free number:
(800) 624-0100, in the Washington, D.C., metropolitan area, call 737-3627 or send your name and address to:
Schools Without Drugs
Pueblo, CO 81009 or to the
National Clearinghouse for Alcohol and Drug Information
P.O. Box 2345
Rockville, MD 20852
1989

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You Asked For It—Information On Alcohol, Other Drugs, And Teenagers

This booklet is written for high school students. It gives some basic information about drugs, what effects they can have, how to recognize drug problems, and what to do about them.

Richard Yoast, Ph.D., Cynthia Scott, M.A., Lynn Tolcott, M.L.S., M.S.S.W., Al Friedman; in consultation with Elliott M. Sogol, M.S., Registered Pharmacist.
Wisconsin Clearinghouse
P.O. Box 1468
Madison, WI 53701
(608) 263-2797
1985

Directory of California Councils on Alcoholism and Drug Dependence

NCADD offices are located throughout Los Angeles County and offer a variety of drug counseling services and referrals.

Antelope Valley Council on Alcoholism & Drug Dependency
44815 Fig Avenue, Suite 206
Lancaster, CA 93534
(805) 948-5046

1543-F Palmdale Blvd.
Palmdale, CA 93550

NCADD–East San Gabriel & Pomona Valleys, Inc.
754 Arrow Highway, Suite F
Covina, CA 91722
(818) 331-5316

Pasadena Council on Alcoholism & Drug Dependency
131 N. El Molino, Suite 320
Pasadena, CA 91101
(818) 795-9127

NCADD–Long Beach Area
836 Atlantic Ave.
Long Beach, CA 90813
(310) 435-1002

NCADD–San Fernando Valley, Inc.
14557 Friar Street
Van Nuys, CA 91411
(818) 997-0414

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NCADD–South Bay
1334 Post Avenue
Torrance, CA 90501
(310) 328-1460

Los Angeles Southeast Council on Alcoholism & Drug Problems, Inc.
8515 East Florence, #200
Downey, CA 90240
(310) 869-6385

NCADD–Los Angeles County Central
600 South New Hampshire
Los Angeles, CA 90005
(213) 384-0403

Sources of Free Information
California Attorney General's Office
(916) 324-7863

National Clearinghouse for Alcohol and Drug Information
P.O. Box 2345
Rockville, MD 20852
(send for catalog)

California Department of Education
(800) 624-0100

Southwest Regional Educational Laboratory
4665 Lampson Ave.
Los Alamitos, CA 90270
(310) 598-7661